

# HOMEMADE DIET TIPS

*Stay current on evolving nutritional findings by consulting an expert in the field, or by accessing a reputable website created by trained veterinary nutritionists that are board-certified by the American College of Veterinary Nutrition.*

*Your homemade diet need not comprise only “natural” foods. It’s all right, for example, to sometimes include processed human foods, such as canned tuna (in water) as a small portion of the overall diet.*

*Remember that a homemade diet that is not properly formulated can lead to serious vitamin deficiencies as well as such abnormalities as obesity or, by contrast, weight loss.*

*Be sure to use fresh ingredients. Always refrigerate uneaten food, and thaw it completely before serving it again to your cat.*

*In addition, be knowledgeable about foods that must be avoided. They include grapes, raisins and chocolate, which contain substances that are toxic to cats; and onions and garlic, which contain substances that can damage a cat’s red blood cells. And if you feed your cat milk, do so sparingly, since an adult cat may be lactose intolerant and may experience diarrhea.*